

**RAVI
VARMA'S**
Last Days

**7 SECRETS
to a Sharper
Brain**

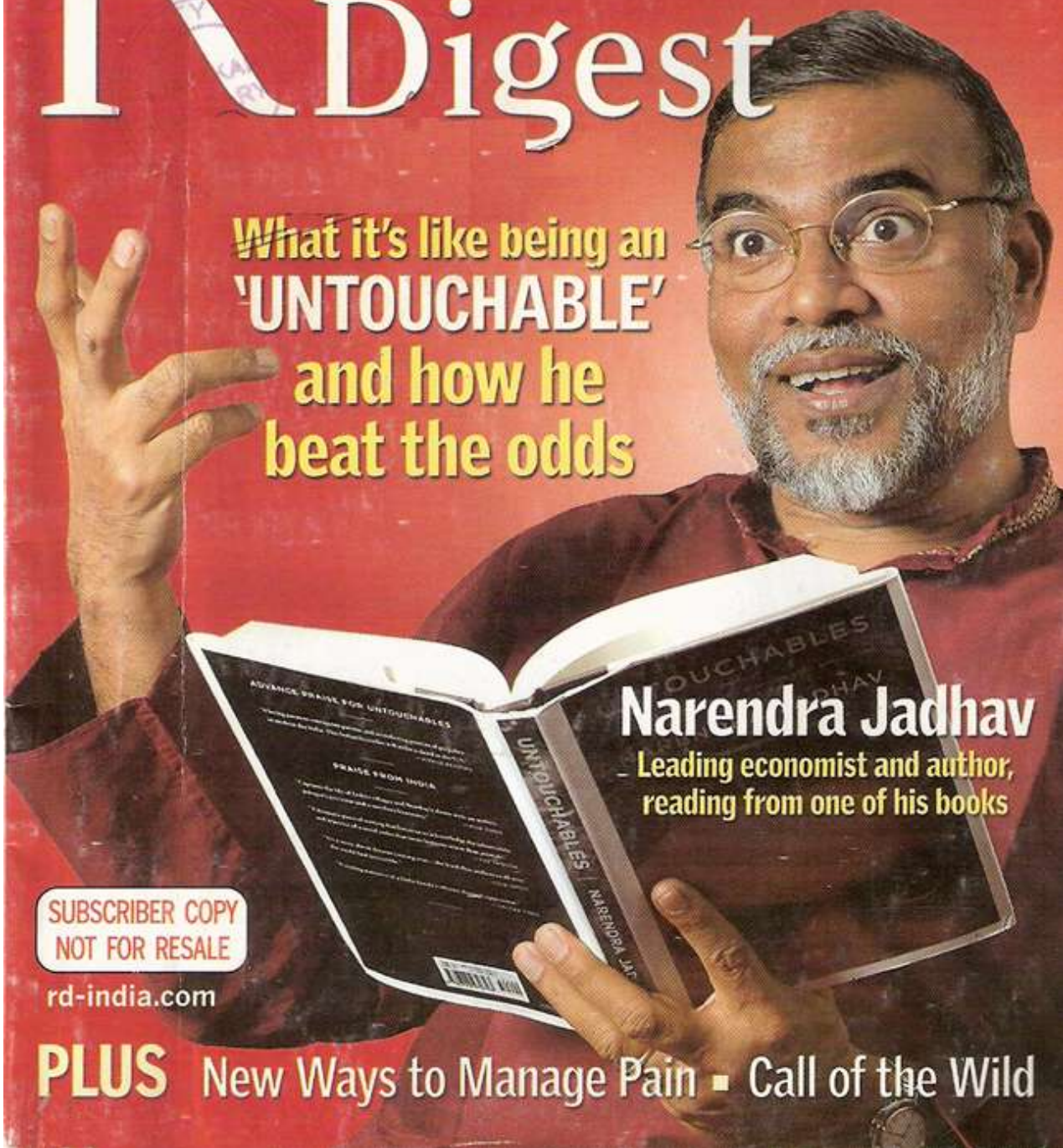
Stronger
BONES for
Your KIDS

Rs. 50

October 2006

Reader's Digest

What it's like being an
'UNTOUCHABLE'
and how he
beat the odds



Narendra Jadhav
- Leading economist and author,
reading from one of his books

SUBSCRIBER COPY
NOT FOR RESALE

rd-india.com

PLUS New Ways to Manage Pain ■ Call of the Wild